

2013 ALPA Pilot Assistance Forum



May 7–9, 2013
ALPA Conference Center | Herndon, VA

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Thank you, Delta Air Lines, for
sponsoring the Pilot Assistance Forum.

AGENDA



MONDAY, MAY 6, 2013

5:30 PM–6:30 **Welcome Reception – Crowne Plaza Hotel, Herndon, VA**
Sponsored by the Crowne Plaza Hotel – Dulles Airport

TUESDAY, MAY 7, 2013

8:00 AM–9:00 **Registration & Morning Coffee**
Sponsored by the Air Line Pilots Association Federal Credit Union

9:00–10:00 **Opening Ceremony**
Captain Lee Moak
President, Air Line Pilots Association, Int'l
Captain Sean Cassidy
First Vice President and National Safety Coordinator, Air Line Pilots Association, Int'l
Captain Jerry McDermott
National Pilot Assistance Chair, Air Line Pilots Association, Int'l

10:00–10:30 **Networking Break**
Sponsored by the Air Line Pilots Association Federal Credit Union

10:30–11:30 **ALPA Aeromedical Office's Services to Pilot Assistance**
Dr. Quay Snyder
ALPA Aeromedical Advisor

11:30–1:00 PM **Lunch & Keynote – “All I Could See Was Blue Sky . . .”**
The Story of Aloha Flight 243 and the Genesis of ALPA Pilot Assistance
First Officer Mimi Tompkins
Hawaiian Airlines
Lunch sponsored by the FedEx Master Executive Council



1:00–1:30 **Networking Break**
Sponsored by the United Airlines Employee Assistance Program

1:30–2:30 **At Your Side During Traumatic Grief**
Reverend Brian Murray
President, Humanitas Employee Assistance Programs

2:30–3:30 **An Overview of the NTSB Transportation Disaster Assistance Program**
Mr. Paul Sledzik
Director, Transportation Disaster Assistance Division, National Transportation Safety Board

3:30–4:00 **Networking Break**
Sponsored by the United Airlines Employee Assistance Program

4:00–5:00 **CONCURRENT WORKSHOPS**
Sleep Disorders and the Impact on Professional Pilots
Dr. Aris Iatridis
Georgia Lung Associates

Conference
Room 8

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AGENDA – TUESDAY, MAY 7, 2013 *continued*

- Conference Room 6 **Canada PA – The Addictive Pilot: Predictors of Long-Term Sobriety**
Dr. Naved Ali
Addiction Consultant and Medical Director, Stepping Stones Concurrent Disorder Services
- Conference Room 9/10 **CIRP – “Helping an Injured Colleague”**
Dr. Larry Fishel, PhD, LCSW-C
- Conference Room 5 **The Future of HIMS**
Captain Chris Storbeck
National HIMS Chair, Air Line Pilots Association, Int’l
- Conference Center **An Introduction to Professional Standards**
Captain John Rosenberg
National Professional Standards Chair, Air Line Pilots Association, Int’l
Captain Charlie Schenk
National Professional Standards Vice Chair, Air Line Pilots Association, Int’l
Captain Rick Swanson
Professional Standards Training Coordinator, Air Line Pilots Association, Int’l
- 5:00–6:30 **Reception**
ALPA 9/11 Memorial and Garden (weather permitting)

Airline Pilots Association Federal Credit Union

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UNITED



A STAR ALLIANCE MEMBER 

WEDNESDAY, MAY 8, 2013

8:00 AM–9:00 **Registration & Morning Coffee**

Sponsored by Alaska Airlines

9:00–10:00 **Understanding HIMS**

Captain Chris Storbeck

National HIMS Chair, Air Line Pilots Association, Int'l

10:00–10:30 **Networking Break**

Sponsored by Alaska Airlines

10:30–11:30 **The Challenge of Change**

Dr. Dan Zenga

Licensed Psychologist

11:30–1:00 PM **Lunch & Keynote – An Airline Pilot's Redemption**

Captain Lyle Prouse

Northwest Airlines (ret.)

Lunch sponsored by Casa Palmera



1:00–1:30 **Networking Break**

1:30–3:00 **Pilot Health & Wellness Panel**

Moderator: Captain John Taylor

National Aeromedical Acting Chair, Air Line Pilots Association, Int'l

Dr. Quay Snyder

ALPA Aeromedical Advisor

Dr. Fred Tilton

Federal Air Surgeon, Federal Aviation Administration

Dr. Michael Berry

Office of Aerospace Medicine

Manager, Medical Specialties Division, Federal Aviation Administration

3:00–3:30 **Networking Break**

3:30–4:30 **CONCURRENT WORKSHOPS**

Conference Room 5 **ALPA Int'l Aeromedical Chairs Meeting**

Captain John Taylor

National Aeromedical Acting Chair, Air Line Pilots Association, Int'l

Conference Room 6 **Building a Comprehensive Foundation for Recovery**

Dr. Bill Jacyk

GreeneStone Residential Addiction Treatment Centre

Conference Room 9/10 **CIRP – Listening Skills, Challenges, and Solutions**

First Officer Sharlyn Stevens

HIMS Chair, Mesa Air Group

Conference Room 8 **HIMS: A Legal Perspective**

Suzanne Kalfus

Senior Attorney, Air Line Pilots Association, Int'l

Conference Center **The Professional Standards Approach**

Captain John Rosenberg

National Professional Standards Chair, Air Line Pilots Association, Int'l

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AGENDA – WEDNESDAY, MAY 8, 2013 *continued*

- Conference Center **Captain Charlie Schenk**
National Professional Standards Vice Chair, Air Line Pilots Association, Int'l
- Captain Rick Swanson**
Professional Standards Training Coordinator, Air Line Pilots Association, Int'l
- 6:30–9:30 **2012 Awards Reception & Dinner**
National Air and Space Museum
Steven F. Udvar-Hazy Center, Smithsonian Institution
- Captain Lee Moak**
President, Air Line Pilots Association, Int'l
- Keynote: Captain Jim Murphy & Captain Glenn Johnson, CanJet**

AWARD RECIPIENTS

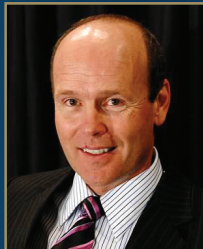
2012 PILOT ASSISTANCE AWARD

Captain John Kohne
FedEx



PRESIDENTIAL CITATION

Captain Murray Munro
Jazz Aviation



We're proud to soar
with such great company.



THURSDAY, MAY 9, 2013

OPTIONAL TRAINING

8:30 AM–3:00 PM **Professional Standards Training**

Captain John Rosenberg

National Professional Standards Chair, Air Line Pilots Association, Int'l

Captain Charlie Schenk

National Professional Standards Vice Chair, Air Line Pilots Association, Int'l

Captain Rick Swanson

Professional Standards Training Coordinator, Air Line Pilots Association, Int'l

8:30 AM–9:00 **Registration & Morning Coffee**

9:00–10:30 **The Role of Professional Standards in Airline Mergers**

This unique and exciting session is filled with new insights into the struggles we all face in airline consolidations. A brief preface of direction is provided by the ALPA International Professional Standards Group, projecting the positive professional role the committee member offers to our membership. Attendees will then be encouraged to actively participate in an open discussion about how they might enhance the blending of cultures in a merger while promoting professional behavior.

10:45–12:00 PM **Understanding the Fundamentals of Casework**

In the four areas of responsibility our group is dedicated to (promoting safety, professionalism, unity, and mentoring), the by-product of such group work is in fact casework. This session should be considered a prerequisite to the next session, "Casework Scenarios," if the attendee has never had any practical Pro Stans training in casework. This session's topics include phone etiquette, a review of the case receipt checklist, and practical applications of the policy manual, along with recognizing behavior that is in contrast to our ALPA Code of Ethics. Time will be dedicated at the end of this session for an example of a case by ALPA International group members.

12:00–12:30 **Working Lunch**

12:30–3:00 **Casework Scenarios**

This final session will encompass all that has been learned over the past three days relating to our Professional Standards Group work. We will break out in small groups to enhance learning. Those attendees new to our group will enjoy individual and actual hands-on experience working cases with a seasoned group member offering insight, suggestions, and a respectful helping hand in this process of learning. Time should allow us to experience a number of different scenarios, making this a well-rounded learning experience.

After completing all sessions of this forum relating to Professional Standards, attendees should feel a level of confidence that will enable them to be active and effective members of our Professional Standards team.