

2013 ALPA Pilot Assistance Forum



May 7–9, 2013
ALPA Conference Center | Herndon, VA

KEEP CLIMBING



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Welcome to the 2013 ALPA Pilot Assistance Forum

I want to personally welcome you to ALPA's 2013 Pilot Assistance Forum. The theme of this year's forum, "ALPA: By your side," means just that: ALPA's Pilot Assistance representatives continually demonstrate that they stand ready, willing, and able to assist any of our members in their time of need. Whether it is a compassionate phone call in the middle of the night with a crew involved in a serious incident, talking with crewmembers to improve cockpit working relationships, taking steps to regain a lost medical certificate, or assisting pilots with chemical dependencies, ALPA is there.

Pilot Assistance representatives work tirelessly with their government and industry counterparts to protect the lives, and livelihoods, of all ALPA members. Doing so helps ensure that the air transportation system in North America continues to achieve ever higher levels of safety. It is our duty to our members and responsibility to our passengers to continually improve in these endeavors.

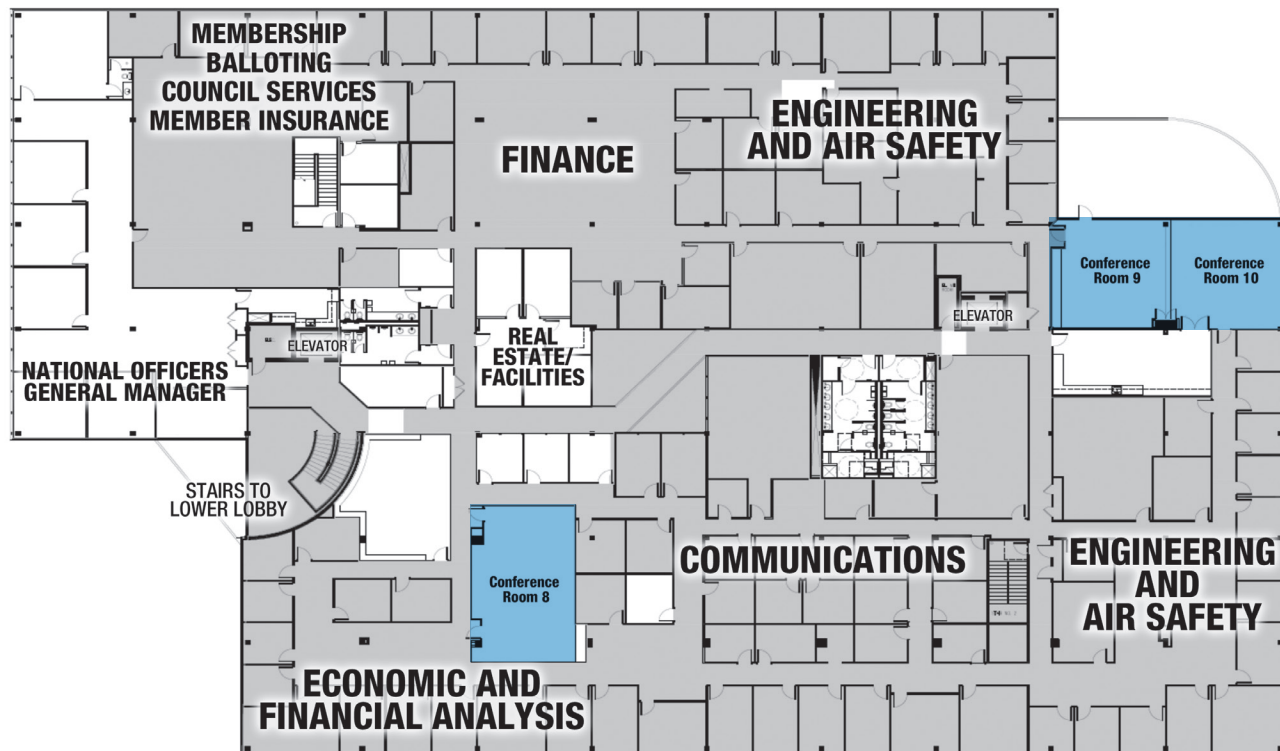
Accordingly, over the next three days ALPA pilots from the United States and Canada, staff, and representatives from our partners in government and the worldwide aviation industry will share their expertise. Together we will examine ways to make air travel even safer by focusing our attention on the most important aviation safety component: the airline pilot. We will leave here even more committed to ensuring that ALPA will be by the side of airline pilots and help them achieve the highest possible degree of safety and performance.

I firmly believe that we accomplish so much more when we work together. In this spirit, I hope you will join me in using this opportunity to network with professional peers, share information, and be part of a collective conversation to improve air travel. Thanks for joining us and being a part of this very special event.

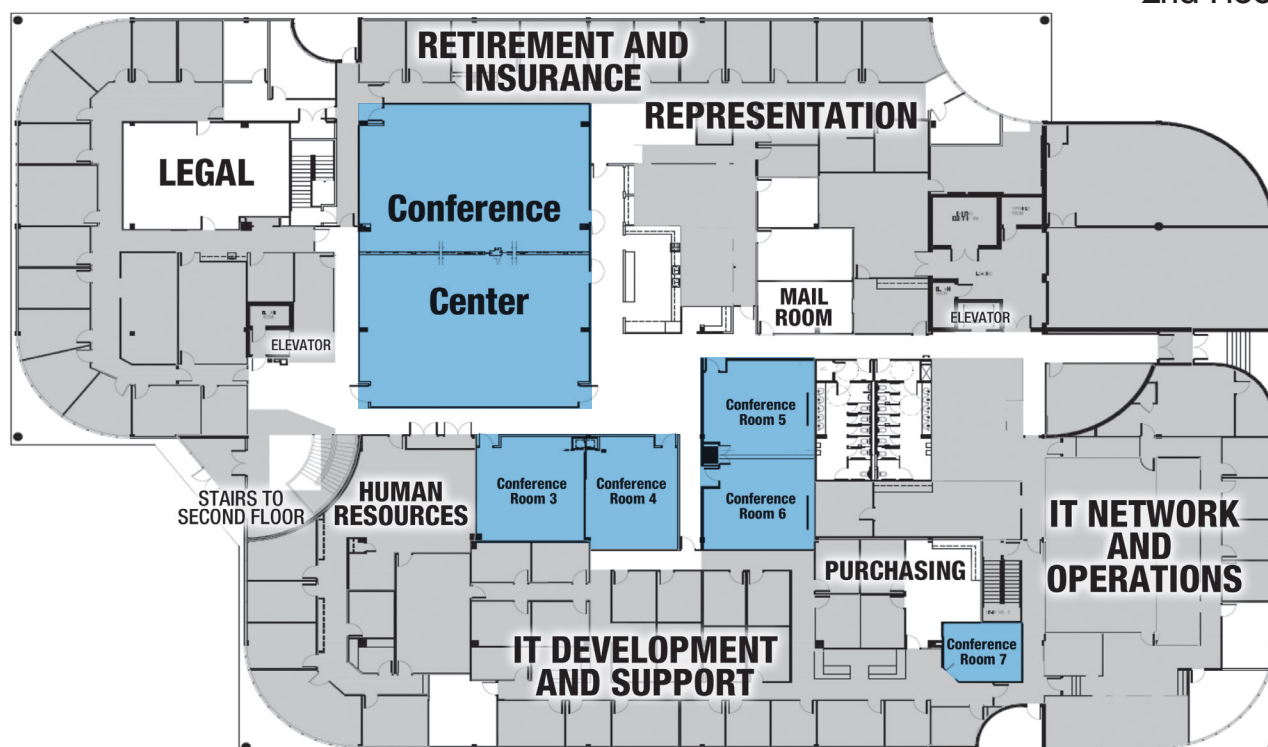
Sincerely,

A handwritten signature in black ink that reads 'Donald Lee Moak'.

Captain Lee Moak
President



2nd Floor



1st Floor

**AIR LINE PILOTS ASSOCIATION
CONFERENCE CENTER
HERNDON, VA**

TABLE OF CONTENTS

General Information 6

Agenda 7

 Tuesday, May 7..... 7

 Wednesday, May 8..... 9

 Thursday, May 9..... 11

Award Recipients..... 10

Sponsors 12

Speaker Biographies 14

GENERAL INFORMATION

REGISTRATION HOURS

DATE: Monday, May 6, 2013

PLACE: Crowne Plaza Welcome Reception
TIME: 5:30 PM–6:30 PM

DATE: Tuesday, May 7, 2013

PLACE: ALPA Conference Center – Main Lobby
TIME: 8:00 AM–4:00 PM

DATE: Wednesday, May 8, 2013

PLACE: ALPA Conference Center – Main Lobby
TIME: 8:00 AM–3:30 PM

DATE: Thursday, May 9, 2013

PLACE: ALPA Conference Center – Main Lobby
TIME: 8:00 AM–9:00 AM

PILOT OFFICE

A Pilot Office on the first floor in Conference Room 3 is equipped with printers, computers, a copy machine, and a fax machine, and will be open Tuesday, May 7, to Thursday, May 9, 2013, during Forum meeting times.

LOST AND FOUND

Please report lost and found objects to the registration area and/or the ALPA guard. Please note that ALPA is not responsible for lost items. Items not claimed will be held for six months.

WIFI

WiFi is available throughout the ALPA Conference Center. To log in, choose “ALPA Guest” and use the password wearealpa.



CHARGING STATIONS

A charging station sponsored by AT&T can be found in the general session conference room. Small chargers may also be found in the Pilot Office. ALPA is not responsible for the security of any mobile devices while being charged or when left behind.

TRANSPORTATION SCHEDULE

Tuesday, May 7, 2013

7:45 AM Pickup at Crowne Plaza to ALPA Headquarters
6:30 PM Pickup at ALPA Headquarters to Crowne Plaza

Wednesday, May 8, 2013

7:45 AM Pickup at Crowne Plaza to ALPA Headquarters
4:30 PM Pickup at ALPA Headquarters to Crowne Plaza
6:15 PM Pickup at Crowne Plaza to Udvar-Hazy Center
9:30 PM Pickup at Udvar-Hazy Center to Crowne Plaza

Thursday, May 9, 2013

8:15 AM Pickup at Crowne Plaza to ALPA Headquarters

OPTIONAL TRAINING

Thank you, Delta Air Lines, for
sponsoring the Pilot Assistance Forum.

AGENDA



MONDAY, MAY 6, 2013

5:30 PM–6:30 **Welcome Reception – Crowne Plaza Hotel, Herndon, VA**
Sponsored by the Crowne Plaza Hotel – Dulles Airport

TUESDAY, MAY 7, 2013

8:00 AM–9:00 **Registration & Morning Coffee**
Sponsored by the Air Line Pilots Association Federal Credit Union

9:00–10:00 **Opening Ceremony**
Captain Lee Moak
President, Air Line Pilots Association, Int'l
Captain Sean Cassidy
First Vice President and National Safety Coordinator, Air Line Pilots Association, Int'l
Captain Jerry McDermott
National Pilot Assistance Chair, Air Line Pilots Association, Int'l

10:00–10:30 **Networking Break**
Sponsored by the Air Line Pilots Association Federal Credit Union

10:30–11:30 **ALPA Aeromedical Office's Services to Pilot Assistance**
Dr. Quay Snyder
ALPA Aeromedical Advisor

11:30–1:00 PM **Lunch & Keynote – “All I Could See Was Blue Sky . . .”**
The Story of Aloha Flight 243 and the Genesis of ALPA Pilot Assistance
First Officer Mimi Tompkins
Hawaiian Airlines
Lunch sponsored by the FedEx Master Executive Council



1:00–1:30 **Networking Break**
Sponsored by the United Airlines Employee Assistance Program

1:30–2:30 **At Your Side During Traumatic Grief**
Reverend Brian Murray
President, Humanitas Employee Assistance Programs

2:30–3:30 **An Overview of the NTSB Transportation Disaster Assistance Program**
Mr. Paul Sledzik
Director, Transportation Disaster Assistance Division, National Transportation Safety Board

3:30–4:00 **Networking Break**
Sponsored by the United Airlines Employee Assistance Program

4:00–5:00 **CONCURRENT WORKSHOPS**
Sleep Disorders and the Impact on Professional Pilots
Dr. Aris Iatridis
Georgia Lung Associates

Conference
Room 8

Continues on page 8

AGENDA – TUESDAY, MAY 7, 2013 *continued*

- Conference Room 6 **Canada PA – The Addictive Pilot: Predictors of Long-Term Sobriety**
Dr. Naved Ali
Addiction Consultant and Medical Director, Stepping Stones Concurrent Disorder Services
- Conference Room 9/10 **CIRP – “Helping an Injured Colleague”**
Dr. Larry Fishel, PhD, LCSW-C
- Conference Room 5 **The Future of HIMS**
Captain Chris Storbeck
National HIMS Chair, Air Line Pilots Association, Int’l
- Conference Center **An Introduction to Professional Standards**
Captain John Rosenberg
National Professional Standards Chair, Air Line Pilots Association, Int’l
Captain Charlie Schenk
National Professional Standards Vice Chair, Air Line Pilots Association, Int’l
Captain Rick Swanson
Professional Standards Training Coordinator, Air Line Pilots Association, Int’l
- 5:00–6:30 **Reception**
ALPA 9/11 Memorial and Garden (weather permitting)

Airline Pilots Association Federal Credit Union

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UNITED



A STAR ALLIANCE MEMBER 

WEDNESDAY, MAY 8, 2013

8:00 AM–9:00 **Registration & Morning Coffee**

Sponsored by Alaska Airlines

9:00–10:00 **Understanding HIMS**

Captain Chris Storbeck

National HIMS Chair, Air Line Pilots Association, Int'l

10:00–10:30 **Networking Break**

Sponsored by Alaska Airlines

10:30–11:30 **The Challenge of Change**

Dr. Dan Zenga

Licensed Psychologist

11:30–1:00 PM **Lunch & Keynote – An Airline Pilot's Redemption**

Captain Lyle Prouse

Northwest Airlines (ret.)

Lunch sponsored by Casa Palmera



1:00–1:30 **Networking Break**

1:30–3:00 **Pilot Health & Wellness Panel**

Moderator: Captain John Taylor

National Aeromedical Acting Chair, Air Line Pilots Association, Int'l

Dr. Quay Snyder

ALPA Aeromedical Advisor

Dr. Fred Tilton

Federal Air Surgeon, Federal Aviation Administration

Dr. Michael Berry

Office of Aerospace Medicine

Manager, Medical Specialties Division, Federal Aviation Administration

3:00–3:30 **Networking Break**

3:30–4:30 **CONCURRENT WORKSHOPS**

Conference Room 5 **ALPA Int'l Aeromedical Chairs Meeting**

Captain John Taylor

National Aeromedical Acting Chair, Air Line Pilots Association, Int'l

Conference Room 6 **Building a Comprehensive Foundation for Recovery**

Dr. Bill Jacyk

GreeneStone Residential Addiction Treatment Centre

Conference Room 9/10 **CIRP – Listening Skills, Challenges, and Solutions**

First Officer Sharlyn Stevens

HIMS Chair, Mesa Air Group

Conference Room 8 **HIMS: A Legal Perspective**

Suzanne Kalfus

Senior Attorney, Air Line Pilots Association, Int'l

Conference Center **The Professional Standards Approach**

Captain John Rosenberg

National Professional Standards Chair, Air Line Pilots Association, Int'l

Continues on page 10

AGENDA – WEDNESDAY, MAY 8, 2013 *continued*

- Conference Center **Captain Charlie Schenk**
National Professional Standards Vice Chair, Air Line Pilots Association, Int'l
- Captain Rick Swanson**
Professional Standards Training Coordinator, Air Line Pilots Association, Int'l
- 6:30–9:30 **2012 Awards Reception & Dinner**
National Air and Space Museum
Steven F. Udvar-Hazy Center, Smithsonian Institution
- Captain Lee Moak**
President, Air Line Pilots Association, Int'l
- Keynote: Captain Jim Murphy & Captain Glenn Johnson, CanJet**

AWARD RECIPIENTS

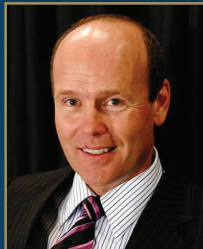
2012 PILOT ASSISTANCE AWARD

Captain John Kohne
FedEx



PRESIDENTIAL CITATION

Captain Murray Munro
Jazz Aviation



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with such great company.

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THURSDAY, MAY 9, 2013

OPTIONAL TRAINING

8:30 AM–3:00 PM Professional Standards Training

Captain John Rosenberg

National Professional Standards Chair, Air Line Pilots Association, Int'l

Captain Charlie Schenk

National Professional Standards Vice Chair, Air Line Pilots Association, Int'l

Captain Rick Swanson

Professional Standards Training Coordinator, Air Line Pilots Association, Int'l

8:30 AM–9:00 Registration & Morning Coffee

9:00–10:30 The Role of Professional Standards in Airline Mergers

This unique and exciting session is filled with new insights into the struggles we all face in airline consolidations. A brief preface of direction is provided by the ALPA International Professional Standards Group, projecting the positive professional role the committee member offers to our membership. Attendees will then be encouraged to actively participate in an open discussion about how they might enhance the blending of cultures in a merger while promoting professional behavior.

10:45–12:00 PM Understanding the Fundamentals of Casework

In the four areas of responsibility our group is dedicated to (promoting safety, professionalism, unity, and mentoring), the by-product of such group work is in fact casework. This session should be considered a prerequisite to the next session, "Casework Scenarios," if the attendee has never had any practical Pro Stans training in casework. This session's topics include phone etiquette, a review of the case receipt checklist, and practical applications of the policy manual, along with recognizing behavior that is in contrast to our ALPA Code of Ethics. Time will be dedicated at the end of this session for an example of a case by ALPA International group members.

12:00–12:30 Working Lunch

12:30–3:00 Casework Scenarios

This final session will encompass all that has been learned over the past three days relating to our Professional Standards Group work. We will break out in small groups to enhance learning. Those attendees new to our group will enjoy individual and actual hands-on experience working cases with a seasoned group member offering insight, suggestions, and a respectful helping hand in this process of learning. Time should allow us to experience a number of different scenarios, making this a well-rounded learning experience.

After completing all sessions of this forum relating to Professional Standards, attendees should feel a level of confidence that will enable them to be active and effective members of our Professional Standards team.

SPONSORS



Beth Poole, Manager – Flying Operations Administration
1010 Delta Blvd. – Dept 026
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Delta Air Lines serves more than 160 million customers each year. Delta was named by *Fortune* magazine as the most admired airline worldwide in its 2013 World's Most Admired Companies airline industry list, topping the list for the second time in three years. With an industry-leading global network, Delta and the Delta Connection carriers offer service to 313 destinations in 57 countries on six continents. Headquartered in Atlanta, Delta employs nearly 80,000 employees worldwide and operates a mainline fleet of more than 700 aircraft. The airline is a founding member of the SkyTeam global alliance and participates in the industry's leading trans-Atlantic joint venture with Air France–KLM and Alitalia. Including its worldwide alliance partners, Delta offers customers more than 15,000 daily flights, with hubs in Amsterdam, Atlanta, Cincinnati, Detroit, Minneapolis–St. Paul, New York–LaGuardia, New York–JFK, Paris–Charles de Gaulle, Salt Lake City, Memphis, and Tokyo–Narita. Delta is investing more than \$3 billion in airport facilities and global products, services, and technology to enhance the customer experience in the air and on the ground. Additional information is available on delta.com, [Twitter@Delta](https://twitter.com/Delta), [Google.com/+Delta](https://www.google.com/+Delta) and [Facebook.com/delta](https://www.facebook.com/delta).



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Casa Palmera is a residential treatment center that provides 12-step, evidence-based treatment, combined with an integrated traditional/holistic component, to individuals and families needing treatment for the disease of addiction, eating disorders, and trauma/mood disorders. We offer a full continuum of care, including residential treatment, partial hospitalization with and without board, and intensive outpatient and weekly continuing care. Our clinical focus is on individualized treatment, which includes concurrent treatment for co-occurring disorders. Our professional staff consists of medical doctors, psychiatrists, nurses, PhD-, PsyD-, and licensed master's-level clinicians in all treatment modalities.



Captain Scott Stratton, MEC Chair
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Air Line Pilots Association Federal Credit Union

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Air Line Pilots Association Federal Credit Union has been providing quality financial services to the membership since 1947. We have sought to provide our members with a safe and convenient place to save and to offer loans at rates and terms that are more favorable than those of other financial institutions. Membership is open to ALPA members, staff, pilots, retired pilots, and immediate family members. When you join the credit union, you become a shareholder—or an owner—of a very unique financial institution. We exist solely for the purpose of serving our members' best interests. Our assets total more than \$175 million and serve over 5,100 members worldwide.



Shelley Harman, Exec. Assistant Flight Operations
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Alaska Airlines, in service since 1932, is the seventh-largest U.S. airline based on passenger traffic. Together with its partner regional airlines, it serves 95 cities through an expansive network in Alaska, the Lower 48, Hawaii, Canada, and Mexico. Its hubs are Anchorage, Seattle, Portland, and Los Angeles.



Dr. Debra Reynolds, Director – EAP Behavioral Health Benefits
United Airlines Employee Assistance Program (EAP)
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United Airlines operates an average of 5,472 flights a day to 385 airports across six continents. In 2012, United carried more passenger traffic than any other airline in the world, nearly 140 million customers. The company's more than 85,000 employees reside in every U.S. state and in countries around the globe.

SPEAKER BIOGRAPHIES

(in alphabetical order)

Dr. Naved Ali

Addiction Consultant and Medical Director
Stepping Stones Concurrent Disorder Services

Dr. Naved Ali, MD, is a specialist in addiction medicine, certified by the American Society of Addiction Medicine and the American Board of Addiction Medicine. He is currently medical director of the Stepping Stones Concurrent Disorder Services in West Vancouver, Canada. He is actively involved in the Tripartite Committee Program monitoring pilots in recovery from addictive disorders for ALPA Canada. He has also worked with the Physician Health Program of British Columbia and has extensive experience treating and monitoring addicted individuals in safety-sensitive professions, including nurses, pharmacists, physicians, and pilots.

Dr. Ali is well respected as an educator, having taught the addiction curriculum at the UBC Faculty of Medicine, and he has supervised students, residents, and practicing physicians. He is also a sought-after speaker, having given over 100 presentations internationally to medical conferences, health-care providers, patients and their families, public agencies, and private corporations. Dr. Ali lives in Vancouver, British Columbia, with his wife and two daughters.

Dr. Michael Berry

Office of Aerospace Medicine – Manager, Medical Specialties Division
Federal Aviation Administration

Dr. Michael A. Berry received his MD from the University of Texas Southwestern Medical School in Dallas in 1971. After a general surgery internship in the U.S. Air Force, he spent four years as a fighter squadron flight surgeon in Spain and England. In 1976, he entered his residency in aerospace medicine at Ohio State University in Columbus, Ohio, and received his master's degree in preventive medicine in 1977. In 1978, he was certified in aerospace medicine by the American Board of Preventive Medicine.

Following his residency, Dr. Berry became the chief of the Flight Medicine Clinic at the National Aeronautics and Space Administration (NASA) Johnson Space Center in Houston, Texas. He left NASA in 1981 and entered private practice in aerospace medicine for 25 years. In 2006, he accepted a senior executive position with the Federal Aviation Administration in Washington, D.C., where he is the manager, Medical Specialties Division, at FAA headquarters.

Dr. Berry is a fellow of the Aerospace Medical Association and the American College of Preventive Medicine. He is a past president of the Aerospace Medical Association, past vice president of the Civil Aviation Medical Association, and current president of the International Academy of Aviation and Space Medicine (2009–2011). He served as a board member and trustee of the American Board of Preventive Medicine and as the vice chair for aerospace medicine from 1990 to 1998. Dr. Berry is the recipient of numerous national awards, has several academic appointments, and has authored many scientific papers and book chapters.

Captain Sean Cassidy

First Vice President and National Safety Coordinator
Air Line Pilots Association, Int'l

Captain Sean Cassidy (Alaska) serves as ALPA's first vice president. He was elected on Oct. 13, 2010, at the Association's 43rd Board of Directors meeting and assumed office on Jan. 1, 2011.

"The airline industry is becoming more global, and issues outside our borders can affect pilots here in North America," said Cassidy. "ALPA's strength comes from identifying the values we have in common as pilots around the globe, and working together as we face the challenges ahead."

Cassidy has served as both chairman and vice chairman of the Alaska Airlines Master Executive Council. He was chairman of the Alaska Air Group Labor Coalition from 1999 to 2009 and has been actively involved in local and national labor issues for more than a decade. Hired by Alaska in 1996, Cassidy is currently a Seattle-based B-737 captain.

Prior to his airline experience, Cassidy received an officer commission in the U.S. Navy. He attended the navy's undergraduate pilot training and advanced jet training programs and was assigned to Whidbey Naval Air Station from 1989 to 1995. Cassidy performed duties as a carrier-based EA-6B pilot in support of numerous military operations, including those in the Persian Gulf, and finished his naval career flying the C-9 as an officer in the reserves.

Cassidy resides in Fox Island, Wash., with his wife, Annemarie, and their two children. He has a BA from the University of Colorado.

Dr. Larry Fishel, PhD, LCSW-C

Dr. Larry Fishel is the president of Associated Mental Health Specialists in Towson, Maryland. He has worked with airline personnel for over 25 years assisting with numerous accidents, events, personal matters, and 9/11. He has also provided training for ALPA, airlines, corporations, and public entities.

On Sept. 21, 2010, he was the victim of a near fatal accident, which has left him permanently injured and impaired. He was hospitalized for several months and had nine surgeries as a result of this accident.

As an individual who had always felt in control, he suddenly wasn't. By sharing his new life, he hopes to assist others in similar situations.

Dr. Aris Iatridis

Georgia Lung Associates

Dr. Aris Iatridis has been medical director since 2003 at Georgia Lung Associates, where he has been a physician in pulmonary, critical care, and sleep medicine since 1993. He previously was chief of staff of WellStar Cobb Hospital in Austell, Ga., as well as co-medical director of its Sleep Disorder Laboratory.

Dr. Iatridis received his MD degree in 1986 from the Medical College of Virginia and a Sleep Disorders Fellowship at Minnesota Regional Sleep Disorders Center in 1992–93. In 2012 he was rated by his peers as one of "Atlanta's Top Doctors" in *Atlanta* magazine. He has presented on "Obstructive Sleep Apnea Syndrome and the Transportation Industry" in several venues, including the Airline Medical Directors Association Meeting, the annual meeting of the Georgia chapter of the American College of Occupational and Environmental Medicine, and the Air Line Pilots Association Air Safety Forum.

He is also a staff physician at Piedmont Hospital, WellStar Kennestone Hospital, and WellStarCobb Hospital. His professional associations include the American College of Chest Physicians, the American Thoracic Society, and the American Sleep Disorders Association.

Dr. Bill Jacyk

GreeneStone Residential Addiction Treatment Centre

William "Bill" Jacyk, MD, is the chief medical consultant to GreeneStone, bringing to his work extensive expertise in addiction medicine. Dr. Jacyk is a member of the Canadian Medical Association and the Canadian Medical Protective Association, a Fellow of the Royal College of Physicians and Surgeons of Canada, chairman of the Board of the Canadian Centre for Abuse Awareness, and the former president and member of the Canadian Society of Addiction Medicine.

Captain Glenn Johnson

CanJet Airlines

Captain Glenn Johnson was forced into the position of primary negotiator on April 19, 2009, during the attempted hijacking of CanJet 918 in Montego Bay, Jamaica. As he had been recently hired by CanJet, this was his second flight after being released to the line as a first officer. Subsequent to the incident, Captain Johnson and the crew have received awards and commendations from ALPA, IFALPA, the Guild of Air Pilots and Air Navigators, and the Prime Minister of Canada.

Shortly after graduating from university as a physicist in 1997, Captain Johnson began his career in aviation. His first job was as a dispatcher and baggage handler, which later led to a flying position in northern Canada. As his career progressed, he work as copilot and captain for numerous smaller airlines and twice as chief

pilot. Having flown the Navajo, Caravan, Beech 1900, and Jetstream 31 prior to joining CanJet in late 2008 as a first officer, he is now flying the B-738. A year after joining CanJet, he was promoted to captain.

Still flying for CanJet, Captain Johnson lives with his wife and three children in Montreal, where he also operates a small business.

Suzanne Kalfus

Senior Attorney

Air Line Pilots Association, Int'l

Suzanne is a senior attorney in ALPA's Legal Department, where she has worked as a lawyer since 1988. Suzanne represents individual pilots and the Association in a wide variety of litigation, as well as in System Board and FAA enforcement hearings. She is the Association's expert on drug and alcohol testing and has authored numerous articles on these and related issues. She has been involved in addressing various security-related issues, including some of the legal issues related to the criminal history record checks now required for unescorted access to airport secured areas.

Suzanne also serves as the legal advisor to the HIMS Advisory Board and works closely with ALPA's Aeromedical Office on substance dependency and many other medical certification/legal issues, including the FAA's new protocol for certifying pilots on antidepressant medication. Suzanne also provides legal support to ALPA's Pilot Assistance, Professional Standards, Aeromedical, CIRP, and other committees.

Suzanne is a trained mediator. She previously mediated intra-family and small claims disputes for the D.C. Center for Community Justice. Additionally, she was co-director of the D.C. Consumer Protection Center, a consumer mediation service affiliated with a local television station. She has also served as a telephone counselor and then a trainer for FACT HOTLINE, a D.C. crisis hotline and referral service.

Suzanne has a BA in psychology from Cornell University and received her law degree from George Washington University.

Captain Jerry McDermott

National Pilot Assistance Chair

Air Line Pilots Association, Int'l

Jerry McDermott, a captain with Continental Airlines, was hired in June 1987 as a flight engineer on the B-727. Currently based in Newark, N.J., he has been flying the B-737 since 1990, over 11 years of that time as captain. Jerry was designated as a check airman on the B-737 in 2005. He is also type rated in the B-757 and B-767.

He began his aviation career in 1977 at Purdue University, where he received a bachelor of science degree in aviation technology in 1981.

Jerry joined the ALPA Professional Standards Committee as a volunteer member at Continental in May 2001. He held positions as LEC 170 (EWR) ProStans lead for two years and MEC ProStans chair for five years. In 2007 Jerry was appointed to the position of National Professional Standards vice chair for ALPA, Int'l. Then in October 2009 he was appointed National Pilot Assistance chair, ALPA, Int'l.

In 2011 Captain McDermott's efforts and work in Pilot Assistance were recognized by the White House and Continental Airlines. In June 2011, he was invited to the White House and given a commendation as one of the administration's Champions of Change. In March 2012 he was selected Continental Airlines' 2011 Pilot of the Year for the Newark, N.J., base, which he was told was primarily due to his efforts in assisting fellow pilots through his position with ALPA.

He and his wife, Malinda, live in Scottsdale, Arizona. They have three daughters and two grandchildren.

Captain Lee Moak

President

Air Line Pilots Association, Int'l

Captain Lee Moak is the ninth president of the Air Line Pilots Association, International (ALPA). He was elected by the union's Board of Directors on Oct. 13, 2010, and began his four-year term on Jan. 1, 2011.

As ALPA's chief executive and administrative officer, Captain Moak oversees daily operations of the Association and presides over the meetings of ALPA's governing bodies, which set policy for the organization. He is also the chief spokesman for the union, advancing pilots' views in the airline industry before Congress, Parliament, government agencies, and the news media.

As the ALPA president, Captain Moak is a member of the AFL-CIO Executive Council as well as the Executive Committee of the AFL-CIO Transportation Trades Department. He serves on the FAA NextGen Advisory Committee (NAC), which is made up of industry decision makers tasked with advising the administration on key decision gates with regard to improving and modernizing the nation's aviation infrastructure.

A B-767 Delta Air Lines captain, Captain Moak joined ALPA in 1988. He served three terms as the chairman of the Delta Master Executive Council. His leadership in this capacity was crucial during Delta's bankruptcy recovery and successful merger with Northwest Airlines. Prior to becoming an airline pilot, the ALPA president served nine years as a U.S. Marine Corps fighter pilot. He later transitioned to the Naval Air Reserve Force to finish his military career as a U.S. Navy fighter pilot.

Captain Moak continues to expand the traditional role of labor union leader through a policy of "active and constructive engagement" with any and all parties who can affect the professional lives and careers of the pilots he represents—from local reporters to international media; from Main Street to Wall Street; from regulators to legislators; from other unions to industry leaders around the globe, ensuring that ALPA pilots are involved and contributing.

Captain Moak is married and resides in New Orleans.

Captain Jim Murphy

CanJet

Growing up in a small town in Newfoundland, Jim Murphy always knew he wanted to become a pilot. As a young boy, he would admire the big planes flying overhead. That dream became a reality when Jim decided to attend flying school in St. John's, Newfoundland, just one month after graduating high school. Being one of the worst weather airports for fog, St. John's forced Jim to move out to Manitoba, where he finished school and earned his flying license at Perimeter Aviation.

Jim began flying commercially in March 1994 for Air Labrador in Goose Bay, Labrador. His flying career started off by flying Twin Otters on floats, skies, and tundra tires, and he was also a Beech 1900 captain.

In January 2001, Capt. Murphy left Air Labrador for CanJet Airlines, where he continues to fly today. He was promoted to captain on the B-737-200 in February 2004. Over the years at CanJet, Jim has served as captain on the B-737-300/500/800, and his total flying experience to date is 12,800 hours.

On August 6, 2009, Jim was presented with the Air Line Pilots Association International Aviation Security Award for Valor in Washington, D.C., and on October 29 that same year, he was awarded the Master's Special Commendation from the Guild of Air Pilots and Air Navigators in London, England. In March 2010, he was recognized by IFALPA in Marrakesh, Morocco, for bravery.

Putting flying aside, Jim enjoys his summers on his boat and doing some camping with his wife and two children, Nicholas, 13, and Alexis, 11. He resides with his family in Enfield, Nova Scotia.

Reverend Brian Murray

President

Humanitas Employee Assistance Programs

The Reverend Brian Murray, BSc, LTh, MDiv, RMFT, FAAETS, is the founding consultant and trainer for Pilot Assistance as it has been developed in Canada. He is trained as a marriage and family therapist with

specializations in addictions and trauma. Brian has been working in this field for over 30 years. He has degrees in molecular biology (ETSU) and pastoral psychology (U of T) and has conducted postgraduate studies in genetics (ESTU) and in ancient Near Eastern religions (McMaster University). He has also completed a two-year postgraduate externship in marriage and family therapy (KW Pastoral Counselling Centre).

Brian is an Anglican priest and spent 12 years in parish ministry before joining the executive staff of the Archbishop of Toronto. He was director of the Aurora Conference Centre for seven years, a centre for the training and development of clergy and laity. Brian is a lecturer in pastoral psychology at Trinity College, the University of Toronto.

Brian is a past president of the Ontario Association for Marriage and Family Therapy. He is a clinical member of the American Association for Marriage and Family Therapy and is a Registered Marriage and Family Therapist in Canada. Brian has completed extensive professional development in a number of areas, especially addiction studies and clinical traumatology.

Brian is retained by ALPA and ACPA (Air Canada Pilots Association) as a consultant in mental health. He has brought his training programs to a number of airlines in Canada and the United States, including Air Canada, Canadian Airlines International, Canadian Pacific Airlines, Air Nova, Jazz, Air Ontario, Delta, Northwest Airlines, WestJet, JetBlue, South African ALPA, and Continental. Brian is recognized in the pilot community as a trusted consultant and expert in pilot health and well-being.

Brian has been married to Margaret for 44 years. Together they have three adult children and four grandchildren, all of whom will be copiously mentioned at any training program he leads. Brian and Margaret live in Aurora, Ontario, just north of Toronto.

Captain Lyle Prouse

Northwest Airlines (ret.)

Lyle Prouse was born in Wichita, Kansas, in 1938. He is part Comanche, grew up in an alcoholic home in a World War II housing project, and was active in his Native American community. After graduating from high school in Wichita, Lyle joined the Marines as a private but made the rare transition from enlisted to officer grade and ultimately captain, a jet fighter pilot flying combat missions in Vietnam.

After his discharge from the Corps, Lyle became a captain for Northwest Airlines and flew for nearly 22 years before the same alcoholism that killed his parents almost destroyed his life. He was the first commercial pilot ever arrested and sent to prison for flying drunk.

The blistering media coverage was relentless as he was fired, stripped of all flying certificates, tried, convicted, and sent to federal prison for 16 months. The trial judge added sanctions on top of the conviction to guarantee he would never fly again. In spite of all the seemingly impossible obstacles, Lyle got sober, experienced many breathtaking miracles, returned to Northwest Airlines, and retired as a 747 captain. In January 2001 he received a full presidential pardon from then president Bill Clinton.

Today, Lyle is a husband, father, and grandfather. He has been sober over 21 years and has devoted his life to helping others overcome alcoholism. He is still flying and has participated with all the major airlines in their ongoing alcohol programs. He remains active in Native American sobriety movements.

Captain John Rosenberg

National Professional Standards Chair

Air Line Pilots Association, Int'l

Captain John Rosenberg is a native of Omaha, Nebraska. He is a 1974 graduate of Purdue University holding a BS degree in technology through the Aviation Technology School's Professional Flight program. Upon graduation, John returned to Omaha and worked for a Piper dealer before joining a large Omaha-based savings and loan association as its first corporate pilot.

In 1978, John joined North Central Airlines as a Convair 580 first officer. Today, he flies for Delta Air Lines as a captain on the B-747-400. Captain Rosenberg has a long history of ALPA volunteer participation. He has spent over 33 years as a member of ALPA's Professional Standards Group. He served as his local council's Professional Standards chairman and as NWA MEC Professional Standards chairman. In 2004 he was appointed the national chairman of ALPA International's Professional Standards Group.

As the national chairman, Captain Rosenberg provides oversight for all ALPA pilot groups' Professional Standards Committees, ensuring compliance with ALPA policy and protocol. He plans and executes the Professional Standards activities at the annual Pilot Assistance conference.

Captain Rosenberg has also been active in the air safety arena. He was an active participant for eight years in the Northwest/Delta ASAP program, representing ALPA as a member of the Event Review Committee. Currently, he serves as a Delta Air Safety Hotline volunteer. In 2010 Captain Rosenberg was appointed the primary ALPA representative to the Air Carrier Safety and Pilot Training aviation rulemaking committee reporting safety recommendations to Congress and the FAA.

In addition to his professional flying, Captain Rosenberg remains active in general aviation. He shares ownership in a Beechcraft Bonanza and also enjoys building and flying scale-model radio-controlled airplanes.

Captain Rosenberg is no stranger to volunteer work. Currently, he is a member of two boards of directors, the 5,000-member ALPA Federal Credit Union and the Adler Graduate School in Minneapolis, Minn.

Captain Rosenberg resides in the Minneapolis–St. Paul area with his wife, Sydney, and their two children, Sam and Emily. Both John and Sydney are involved parent volunteers in their children's activities.

Captain Charlie Schenk

National Professional Standards Vice Chair

Air Line Pilots Association, Int'l

Captain Charlie "Chuck" Schenk is a native of the New York Metropolitan area. He is a 1983 graduate of Manhattan College, holding a BS degree in business. Having come up through the civilian ranks, he served as line pilot for Pilgrim/Business Express Airlines before being hired by the Flying Tiger Line in June 1988.

Chuck currently flies for FedEx as an MD-11 captain based in Memphis, Tenn., and is a line check airman. He holds type ratings in the Fokker F-27, Boeing 727, DC-10, and Boeing MD-11. Chuck has been an ALPA volunteer for 12 years with FedEx, two of which he served as Professional Standards chair. He is active on the FedEx Training Review Board, which is composed of two ALPA volunteers as well as two company managing directors. In addition he serves as ALPA National Professional Standards vice chairman, as well as chairman of the FedEx ALPA Pilot Assistance Committee. Captain Schenk resides in Collierville, Tenn., with his wife and three children.

Mr. Paul Sledzik

Director, Transportation Disaster Assistance Division

National Transportation Safety Board

Paul Sledzik is director of the NTSB's Transportation Disaster Assistance (TDA) Division, a position he has held since October 2010. Paul oversees a staff of seven specialists who coordinate family assistance in all modes of transportation in conjunction with local, state, and federal agencies, nongovernmental agencies, and transportation operators. Since the office was established in 1996, TDA has responded to over 150 transportation accidents.

Prior to this position, Paul was the manager of medicolegal operations for the TDA Division for six years. Before joining the NTSB, he served for six years as the team leader for the Region 3 Disaster Mortuary Operational Response Team, a division of the U.S. Department of Health and Human Services, where he managed a team of 100 in mass fatality response. During his career, he participated in the response to over 30 mass fatality events and transportation accidents.

Trained as a forensic anthropologist, Paul has served as a consultant and advisor to several federal and nongovernmental agencies on issues of human identification and disaster response. He is a Fellow of the American Academy of Forensic Sciences, and his scientific articles have appeared in professional journals and textbooks.

Dr. Quay Snyder

ALPA Aeromedical Advisor

Dr. Snyder is the third aeromedical advisor to the Air Line Pilots Association, International (ALPA). He was appointed to this position in January 2010 after serving 16 years as an associate aeromedical advisor to ALPA under Dr. Richard Masters and Dr. Donald Hudson.

A graduate of the U.S. Air Force Academy, Duke University School of Medicine, and the University of Colorado Health Sciences Center, Dr. Snyder is board-certified in aerospace medicine, addiction medicine, occupational medicine, and family practice. He served for 25 years in the U.S. Air Force, Air Force Reserve, and Air National Guard as a flight surgeon and instructor pilot and in several leadership positions before retiring in 2002.

Dr. Snyder is the author of more than 70 scientific papers and articles on aviation medical issues in various professional pilot journals. He writes regularly for the *Health Watch* column in *Air Line Pilot* magazine and is a frequent speaker at national aviation safety and aeromedical meetings. Dr. Snyder is the recipient of lifetime achievement awards given by the Society of USAF Flight Surgeons and the Aerospace Medicine Association.

In his responsibilities as ALPA's aeromedical advisor, Dr. Snyder works closely with ALPA's Engineering and Air Safety Department, Legal staffs, and Communications Department as well as Pilot Assistance Committee members. His work with ALPA also involves global issues affecting all airline pilots. In this capacity, Dr. Snyder works collaboratively with the FAA Office of Aerospace Medicine and the NTSB.

A commercial pilot holding a CFI rating (Gold Seal) since 1975 and a designated pilot examiner, Dr. Snyder has 3,000+ flying hours in 50+ aircraft models from gliders to F-16s. He was an aerobatics and spin instructor at the USAF Academy's 94th Flying Training Squadron, receiving the squadron's Attached Instructor Pilot of the Year award in 2000. Dr. Snyder serves as an FAA Safety Team representative for the Denver FSDO and is a Master CFI since 2003. He owns a Schleicher ASW-24 glider and flies long-distance XC glider flights, gives instruction, and administers FAA Practical tests at all levels, averaging approximately 150 PIC flights per year in gliders.

Dr. Snyder serves on ALPA's HIMS Advisory Board, the Flight Safety Foundation's Corporate Advisory Committee, and the NBAA Safety Committee. He is president/CEO of Aviation Medicine Advisory Service (AMAS), whose physician staff provides fulltime medical certification support services to all ALPA pilots as well as to unions of other professional pilots and FAA air traffic control specialists.

First Officer Sharlyn Stevens

HIMS Chair

Mesa Air Group

Shara received her master's in psychology in 1998 from Naropa University in Boulder, Colo. Then one day she took a flying lesson and four years later found herself in a CRJ with Mesa Airlines. She is the chairman of the HIMS Program at Mesa, as well as a volunteer for CIRP. Her concentration is in the fields of addictions, brain science, and nonviolent communication.

Captain Chris Storbeck

National HIMS Chair

Air Line Pilots Association, Int'l

Captain Chris Storbeck is the sixth HIMS chairman of the Air Line Pilots Association, International (ALPA). He was appointed to his present position by Captain Lee Moak, ALPA president, in May 2011.

Almost 40 years ago, the HIMS (Human Intervention Motivation Study) program was conceived, developed, and promoted by ALPA. Through the tireless efforts of ALPA volunteers, in partnership with the FAA and the airline industry, HIMS became the model for the successful treatment of substance dependency. Today, HIMS continues to provide leadership in this field and in other areas of pilot and employee assistance.

As ALPA's HIMS chairman, Captain Storbeck provides guidance to ALPA and non-ALPA pilot groups regarding the identification, treatment, medical recertification, and monitoring phases of the HIMS program.

He also serves as chairman of the HIMS Advisory Board, coordinates program activities with the ALPA Aeromedical Office, and helps oversee the execution of the federal HIMS contract. Additionally, he serves as host and lecturer at the HIMS training seminars.

An international B-767 Delta Air Lines captain, Captain Storbeck joined ALPA in 1988. He began his volunteer work on the Delta HIMS committee in 1991 and subsequently served 13 years as the Delta MEC HIMS chairman. His leadership in this capacity was crucial to the continued success of the Delta HIMS program and helped establish it as an industry-leading program. Prior to becoming an airline pilot, Captain Storbeck served more than 10 years in the U.S. Air Force as an instructor and fighter pilot.

Captain Storbeck has updated and reinvigorated the HIMS model through active engagement with pilots, managers, regulators, and health-care professionals. He has spearheaded the effort to make the HIMS website at www.himsprogram.com the “go to” resource for aviation-related substance abuse information. His goal is to provide unwavering assistance and support to those pilots who suffer from chemical dependency disease.

Captain Storbeck is married and resides in Sundance, Utah.

Captain Rick Swanson

Professional Standards Training Coordinator

Air Line Pilots Association, Int'l

Captain Rick Swanson serves on ALPA International's Professional Standards Group as the training coordinator. He enjoys a reputation among his peers and professional colleagues as a pilot advocate and an outspoken promoter of our airline profession. He is well known for his talents in building strong, positive relationships while also repairing and restoring torn ones.

In his various roles volunteering in Pilot Assistance, Captain Swanson served as the MEC and LEC chair for Professional Standards at Continental Airlines. He also served as LEC chairman for the Peer Pilot Assistance Program at Continental (PPAP is a form of the National ALPA HIMS program) protecting the rights of union members under the return-to-work agreements signed by management and the affected pilot.

From 2002 to 2011 Captain Swanson promoted our profession to new commercial pilots entering FAR 121 operations. Over 2,200 pilots have heard his message highlighting the qualities of an ALPA professional pilot: professionalism, integrity, leadership, and legacy.

He has been instrumental in developing the Professional Standards one-day accelerated training program available to all ALPA MECs as a supplement to the ALPA National Professional Standards training program.

Captain Swanson further promotes our profession by writing and having published numerous articles on topics such as leadership (*Air Line Pilot*, March 2010), the ALPA Code of Ethics, and unity, among many others.

In his long history of volunteer service to promote aviation, from 1995 to 2000 he served as the inspector general and Texas vice commander for the Civil Air Patrol, the auxiliary of the USAF. He received numerous awards, including the top leadership Gill Robb Wilson Award. In 1996 he developed the CRM program that became the national model for the organization and received USAF recognition for his efforts.

Other community volunteer endeavors included nine years as the director of a successful local college student ministry. Under his direction, that ministry received authority from the U.S. government to supply medical materials for a leprosy hospital outside of Havana, Cuba.

Rick has been happily married to his wife, Linda, for over 36 years. They have three sons, Jason, Scott, and Bowen, all of whom are ALPA airline pilots, one for Pinnacle, one for Continental, and one for Federal Express. Rick delights in his three granddaughters. He enjoys the responsibilities of captain on the B-777 and has also flown as captain on the DC-3, IA Jet, B-727, and B-737.

Captain John Taylor

National Aeromedical Acting Chair

Air Line Pilots Association, Int'l

Captain John Taylor is the current National Aeromedical acting chair of the Air Line Pilots Association, Int'l (ALPA). Captain Taylor has an extensive history of providing service to his fellow pilots, with volunteer work as a local council secretary-treasurer, XJT MEC Aeromedical chair, and XJT MEC Pilot Assistance chair. In his role as the Pilot Assistance chair, Captain Taylor developed the HIMS program for the merged ExpressJet Airlines and became active with the Critical Incidence Response Program, tasked with helping to maintain the health and well-being of fellow pilots after critical stress incidents. Captain Taylor also works as an ICU nurse and paramedic for his local fire department.

Captain Taylor believes in the importance of a holistic view in treating pilots in recovery of any illness, involving the pilot, family, and significant others in dealing with the stresses associated with the potential loss of a career, financial resources, and identity of the pilot involved.

Captain Taylor joined ALPA in 1996 when he began his career at ExpressJet Airlines. He currently is an EMB-145 captain, check airman, and flight instructor. He resides in Houston, Texas.

Dr. Fred Tilton

Federal Air Surgeon

Federal Aviation Administration

Frederick E. Tilton, MD, MPH, was named the FAA's federal air surgeon in January 2006.

A graduate of the U.S. Military Academy, Dr. Tilton entered the U.S. Air Force in 1962. His military career included operational time as a pilot and 11 years in the medical corps, where he commanded a clinic, functioned as an F-15 physician/pilot technical consultant, and held key executive positions, including that of chief of flight medicine in the Surgeon General's Office. After a career that spanned 26 years, he retired in 1988 with the rank of colonel.

Dr. Tilton received both an MS and MD degree from the University of New Mexico and an MPH from the University of Texas. He is board-certified by the American Board of Preventive Medicine in aerospace medicine and occupational medicine. He is a Fellow in the Aerospace Medical Association and the American College of Preventive Medicine.

From 1988 to 1991, he was the regional medical director at the Boeing Corporation's Wichita, Kans., facility. In 1991, he was promoted to corporate medical director and moved to Seattle, Wash., where he directed Boeing's overall medical program until 1999. This organization was responsible for on-site occupational care of Boeing employees working in the United States and for management of the care provided to employees and their dependents assigned overseas. In 1998 his department received the American College of Occupational Medicine's prestigious Corporate Health Achievement award as one of the best industrial medicine programs in the country.

First Officer Madeline "Mimi" Tompkins

Hawaiian Airlines

On April 28, 1988, Mimi Tompkins served as the first officer on board Aloha Airlines Flight 243, a Boeing 737 that lost 18 feet of the upper fuselage on a flight from the Big Island of Hawaii. "All I could see was blue sky" is what the flight's captain, Robert Schornstheimer, said to Jan W. Steenblik, technical editor, *Air Line Pilot*, when interviewed for an article following the accident in 1988.

Thanks to the efforts of many pilot volunteers after the Aloha Airlines accident, Mimi is here to speak about her experience, which resulted in a task force to study critical incidents and accidents. In 1994, the task force gained approval to create the ALPA Critical Incident Response Program (CIRP), which was originally a subcommittee of the ALPA Safety Structure as part of the Human Performance Committee. In 1996, CIRP became an ALPA stand-alone committee, and with the merger of Canada and U.S. ALPA, the Human Performance program was born.

Today, Seattle-based First Officer Mimi Tompkins flies the Boeing 767-300ER for Hawaiian Airlines. She serves as co-chair of Hawaiian's ALPA CIRP/Pilot Assistance Committee, and is a HIMS peer volunteer.

As ALPA's first CIRP chairperson, Mimi traveled throughout the United States facilitating training courses and assisting ALPA members and other pilot unions in the establishment of their own CIRPs for over 10 years. Mimi also responded to and worked with CIRP chairs following incidents and accidents. She is currently an International Critical Incident Stress Foundation trainer and continues to assist with CIRP training.

Mimi joined ALPA when she was hired as a first officer in the Boeing 737 for Aloha Airlines in June 1979. Following the Aloha Airlines accident, Mimi became an active ALPA volunteer for 20 years. In addition to her many years as chair of the Safety Committee and the CIRP at Aloha, she spent some time as the Pilot Assistance chair, working with the Aeromedical, Professional Standards, CIRP, and HIMS committees.

Prior to Aloha Airlines, Mimi began her career as a full-time flight instructor at age 19. She gained multiengine experience loading, unloading, and flying Beech 18 taildraggers in Honolulu, Hawaii, just before being hired at Aloha Airlines. While furloughed from 1980 to 1984, she owned and managed Hawaii Country Club of the Air, Hawaii's largest flight school and FBO, including Pearl Pacific Air, a charter company flying Navajo Chieftains.

After the Aloha Airlines accident, Mimi went on to fly as captain for another 20 years and was flying the Boeing 737NG ETOPS flights from Hawaii to the South Pacific; Vancouver, Canada; and the U.S. West Coast when Aloha Airlines went out of business in March 2008. That May, Mimi was hired at Hawaiian Airlines and flew Boeing 717s interisland for a few months before moving to the Boeing 737-300ER.

Mimi believes strongly that ALPA makes a positive difference in each pilot member's life, especially during times of illness, hardship, and tragedy. She believes it is important to constantly educate ALPA members on the resources ALPA has to offer and the many volunteers who often work quietly and unseen at the grassroots level.

In addition to all of her work with ALPA, Mimi has a master's degree in applied behavioral science with an emphasis on systems thinking and counseling. She has volunteered as an associate therapist working with teens and families in the Honolulu Juvenile Drug Court rehab program.

First Officer Mimi Tompkins is married to retired Alaska Airlines Captain Bill Morin and lives in both Washington State and Hawaii.

Dr. Dan Zenga

Licensed Psychologist

Daniel W. Zenga, EdD, LP, is a licensed psychologist in clinical practice in Mankato, Minn. He has provided training and consultation to education, business, legal, medical, and religious organizations throughout the United States. His professional areas of interest include stress management, conflict resolution, family relationships, psychology of birth order, domestic violence, personality development, and veterans' issues. In addition to human service experiences, Dr. Zenga is an instructor at the Adler Graduate School, Richfield, Minn. He lives in Mankato with his wife, Ruth. They have 5 adult children and 11 grandchildren.

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